



The **Idaho Career Information System** provides career development and education information to help your students and clients make informed career choices. Idaho CIS has partnered with the National Institute for Dependable Strengths to offer this optional assessment tool available with your CIS subscription.

About the Module

Dependable Strengths is an assessment tool developed in 1945 by Bernard Haldane, Ph.D. to help military personnel transition their skills to civilian life. Its overwhelming success won the attention of Harvard Business School where it went on to become a significant part of its manual for alumni placement. Today, Dependable Strengths is used worldwide.

Dependable Strengths is proven to:

- Increase self-awareness
- Identify individual strengths
- Build self-esteem
- Build mutual appreciation
- Assess skills and abilities as they relate to career choices and options

Use CIS to link Dependable Strengths results to occupational and educational information for life and career planning.

For more information on how you can use Dependable Strengths take your career exploration to the next level, contact the Idaho CIS office (*see contact information below*) **or email us at** idahocis@labor.idaho.gov.

Idaho Department of Labor

C.L. "Butch" Otter, Governor • Kenneth D. Edmunds, Director

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